

Vitable Primary Care

Overview:

Copays & Deductibles \$0

Dependents: \$0

Vitable provides access to a wide array of comprehensive primary care services - becoming your first line of defense against everyday health concerns. In addition to same or next-day virtual visits and in-home appointments, you have access to on-demand care support, daily wellness management, and AI-assistants. Get the care you need fast and without the hassle.

> Annual Physicals Lab Tests Primary & Urgent Care (Standard Panels, UA, STI Screenings) > Sports & School Physicals Scope of Service ➤ Point of Care Tests (Strep, Covid, Flu) Sick Visits > Flu Vaccines (September - End of May) Dermatology (Acne, Rashes, Sunburns) ➤ Birth Control > Chronic Condition Management and Screening **Managed Chronic Conditions Out-of-Scope Chronic Conditions Chronic Conditions** ➤ Hypertension (High Blood Pressure) Scope of Service Kidney Disease > Hyperlipidemia (High Cholesterol) ▶ Hepatitis > Type II Diabetes > Type I Diabetes Asthma Heart Failure / Heart Disease > Depression > Atrial Fibrillation Osteoporosis Treatable Mental Illnesses Out-of-Scope Mental Illnesses Mental Health Scope of Service Depressive Disorders Bipolar Disorder > Anxiety Disorders > Suicidal/Homicidal Ideation Trauma and Stressor-Related Disorders Pre/Postpartum Anxiety and/or Depression Autism Spectrum Disorders / Parenting Concerns Schizophrenia Personality Disorders Grief and Loss > Relationship Issues Anger Management Insomnia Mental Health Services Included Out-of-Scope Mental Illness Services Mental Health Services Care Pathways Medication management for One-on-One Counseling dependents underage 18 Medication management for members Group Counseling requiring MAOIs, anti-psychotics, > Asynchronous Tools Lithium, or controlled substances. > Recurring Examinations

> Lab work

➤ Medication Management*



Lab Draws

Available at no cost to you when ordered by a provider from the Vitable Health network



Episodic Care

Health concerns managed by one-time encounters with a Vitable provider



Primary Care

Includes general wellness services and management of select chronic conditions



Your membership includes access to over thousand Rx prescriptions at no cost to you

How It Works



Login to the Vitable Mobile App Click the "schedule visit" button Choose your visit reason and share symptoms Select an availability and your preferred provider View visit updates/get seen via telemedicine

Get results, scripts, etc. from in the app

Mental health services outside of

Vitable Health's mental health offering

